

Silton Surgery - Autumn Newsletter 2021

Face coverings: It is still a requirement for everyone (excluding certain medical conditions and children) to wear a mask when entering the surgery.

What else do I need to do? · Social distance · Respiratory Hygiene · Avoid touching your face · Regular handwashing

Testing for coronavirus: For information on coronavirus testing and the NHS test and trace scheme please visit www.gov.uk/coronavirus. Testing is most effective in the first 3 days of symptoms developing. Unfortunately, we have no facilities to do this through the practice.

Coronavirus Symptoms: Do not leave your home if you or someone you live with has any of the following: - A high temperature (over 37.8°) A new continuous cough A loss of, or change to, your sense of smell or taste If you think you may have coronavirus you should still use the online 111 service or call 111 initially.

Ordering Medication: We have noted an increase in patients using our email address silton.surgery@nhs.net to request medications. Please use our online service to order medications. If you are asking for an item that is not on repeat, you can use systmonline to send a free text request. If you do not have online access, please ask a receptionist to set this up for you. We will need your email address and photographic ID to set this up. Alternatively, you can drop a paper request in the box outside of the surgery or phone dispensary 01747 840950. Any written request should clearly state your full name, Date of Birth, first line of address and details of the item/s you require.

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Flu Vaccinations:

We have received our first delivery of flu vaccines! Please book an appointment by phoning 01747 840226. We will be holding clinics as and when we have staff available to do so. Possibly on Wednesday, Tuesday and/or Thursday afternoons.

The Vaccination will be given in the porch, as we did last year. Please arrive on time, not too early. You will be required to wear a face covering unless you are exempt from doing so. Roll up your sleeve ready, keep 2 metres away from other patients, use the hand sanitiser provided and use the one-way system of: in through the automatic door (facing the road) and out the door facing the car park.

If you are attending the surgery to see a GP/Practice Nurse you may be able to receive the flu vaccination then, providing you are eligible.

Covid Booster vaccinations:

If you are eligible to receive a Covid Vaccination Booster. You will be contacted to make an appointment. You cannot have the booster until at least 6 months after your last covid vaccination. Some patients will receive a Text or Email, giving details of how to book a booster appointment online. The rest of our patients will be contacted, in due course, by the surgery and booked an appointment at The Michael Herbert Hall in Wilton. You should leave at least 7 days between having a Shingles vaccination and a covid vaccination.

Minor Injury Units ARE NOT WALK IN CENTRES – all patients should have a pre-booked appointment to be seen in a **Dorset** MIU.

For patients to be seen in an MIU in Dorset they must ring 111 themselves and be assessed by a health advisor, if it is deemed, they need an appointment in an MIU this will be booked by the 111-health advisor on the call.

If your injury is not life threatening or serious, minor injuries units and urgent care centres can treat:

- sprains and strains
- broken bones
- wound infections
- minor burns and scalds
- minor head injuries
- insect and animal bites
- minor eye injuries
- injuries to the back, shoulder, and chest

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OPENING HOURS

The normal opening hours for **Reception** at The Surgery are: -

Monday	8.30 to 16.00
Tuesday	8.30 to 19.00
Wednesday	8.30 to 13.00 (Afternoon closed)
Thursday	8.30 to 18.45 (Closed 12.15 -1.45 the 2nd Thursday of each month)
Friday	8.30 to 17.00

DISPENSARY PHONE

***Mon, Tues, Thurs, and Fri: 09:15 -10:30 and 14:00 – Closing
Weds: 09:15 – 12:00***

Dispensary: 01747 840950

Silton Surgery, Gillingham Road, Silton, Gillingham, Dorset. SP8 5DF.

Reception: 01747 840226

Email: silton.surgery@nhs.net

www.siltonsurgery.nhs.uk