



## Become a Befriender with Wincanton Cares

### **Make a real difference, one conversation at a time.**

Loneliness is a growing challenge in our town — but a friendly voice, a regular chat, or a shared cup of tea can change everything.

#### ♥ What does a Befriender do?

- Provides a listening ear with regular calls or visits
- Helps people feel connected
- Builds confidence and meaningful relationships

You don't need qualifications — just kindness, consistency, and a willingness to show up.

#### ✨ Why volunteer?

- Make a real impact
- Support your community in a flexible, rewarding way

#### ⌚ Time commitment:

Just an hour a week can make a world of difference. We match people based on interests and availability.

#### ☎ Interested?

We'd love to hear from you - Phone: Annette on 07756 759741      Email: [info@wincantoncares.org](mailto:info@wincantoncares.org)